

CONFIDENTIAL QUESTIONNAIRE
The Sexual Integrity Inventory

Please answer the following questions by circling the appropriate response.

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| 01 Have you ever tried to stop a certain type of sexual behavior, but were unsuccessful? | YES | NO |
| 02 Do you regret the amount of time you spend online in related sexual activities, such as sex chat rooms, viewing porn, engaging in webcam sex, or interacting with prostitutes? | YES | NO |
| 03 Do you feel preoccupied or distracted by your sexual thoughts or activity? | YES | NO |
| 04 Have you hidden porn from your family or lied about your use of pornography? | YES | NO |
| 05 Does your wife, friends or family ever worry or complain about your sexual behavior? | YES | NO |
| 06 Have your sexual activities interfered with some aspect of your professional or personal life – caused a problem at work, loss of relationship with your wife, girlfriend or family? | YES | NO |
| 07 Were you ever sexually abused by anyone when you were younger? | YES | NO |
| 08 Have you looked at pornography in the past week? | YES | NO |
| 09 Did you look at porn or masturbate regularly during your adolescent or teenage years? | YES | NO |
| 10 Have you ever thought that a sexual activity you have engaged in is totally “weird”? | YES | NO |
| 11 Do you look forward to family events being over or for a spouse or significant other to go somewhere without you so you can more easily engage in sexual activity? | YES | NO |
| 12 Have you had certain kinds of sex or had sex with certain people that later disgusted you when you thought about it? | YES | NO |
| 13 Have you ever had an affair while in a committed relationship? | YES | NO |
| 14 Do you think you spend too much time flirting or looking at other women? | YES | NO |
| 15 Do you frequently engage in sexual humor? | YES | NO |
| 16 Do you ever use masturbation to manage stress or to go to sleep? | YES | NO |
| 17 Have you ever lost a job because of viewing pornography while at work or because you had an affair with a co-worker? | YES | NO |

18	Do your sexual activities place you in danger of arrest or have you been arrested for your sexual activities?	YES	NO
19	Have you ever exposed your spouse or girlfriend to a sexually transmitted disease and not told them about it?	YES	NO
20	Has anyone ever been hurt emotionally by events related to your sexual behavior, e.g. lying to your partner or friends, not showing up for events/appointments due to sexual activity?	YES	NO
21	Have you ever been sexual with a minor, or when you were a minor did you ever have sex with someone much younger than you?	YES	NO
22	Have you made repeated promises to yourself or another person to change some form of your sexual activity, only to break that promise later?	YES	NO
23	Have you ever wondered about your sexual preferences?	YES	NO
24	Have you ever feared being homosexual?	YES	NO
25	Have you ever engaged in repeated experiences of unsafe or "risky" sex even though you knew it could cause you harm?	YES	NO
26	Have you ever had a sexually transmitted disease?	YES	NO
27	Have you ever had sex with someone just because you were aroused and later regretted it?	YES	NO
28	Have you ever cruised public restrooms, rest areas, gym locker rooms or other public places seeking anonymous sexual encounters with strangers?	YES	NO
29	Have you ever talked to a pastor or professional counselor, psychologist, or doctor about your sexual behaviors?	YES	NO

Single men, please proceed to the Closing Question below.

Married men, or men who were previously married, please complete all of the remaining questions.

30	Did you think that marriage would solve your sexual problems with lust and fantasy and you were disappointed when it didn't?	YES	NO
31	Have you ever felt bored with sex in your marriage?	YES	NO
32	Do you expect your wife to submit to your sexual requests all or most of the time?	YES	NO
33	Have you ever become angry with your wife for saying no to sex?	YES	NO
34	Do you often find that you would rather look at pornography or masturbate than have sex with your wife?	YES	NO
35	Does your wife ever complain that you are not attracted to her or that you do not have sexual interest in her?	YES	NO
36	Does your wife ever complain about your sexual demands?	YES	NO
37	Have you ever used masturbation to avoid pressuring your wife for sex?	YES	NO
38	When you have sex, do you feel depressed afterwards or later regret it?	YES	NO

SCORING:

If you answered yes to half or more of these questions, we encourage you to speak to someone such as a trusted friend, a pastor, or a professional counselor.

We also encourage you to contact us at Faithful & True.

Call 952.746.3880 or visit our website: faithfulandtrue.com for more information.

This assessment is for informational purposes only and cannot substitute for a full evaluation by a clinical Professional; the inventory should only be used as a guide to understanding your sexual behavior and the potential consequences associated with that behavior.