

FAITHFUL & TRUE PODCAST



Dr. Greg Miller
Host



Randy Evert
Co-host

JUMP START YOUR HEALING JOURNEY (PART 1)

A collection of Faithful & True Podcasts especially for women to help you as you begin your healing journey from infidelity and betrayal trauma.

Click the links below to access each podcast.

10/28/20

Telling Your Kids About Sex Addiction (Jennifer Ellers)

<https://www.faithfulandtrue.com/podcast/episode/c1336d6d/11-telling-your-kids-about-sex-addiction>

12/17/20

The Greatest Gift You Can Give Her (Full Disclosure) (Debbie Laaser)

<https://www.faithfulandtrue.com/podcast/episode/c335494a/the-greatest-gift-you-can-give-her-part-1-of-1>

1/6/21

How Separation Can Redeem Your Marriage - Part 1 (Elizabeth & Chris Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/c4ba7bb2/how-separation-can-redeem-your-marriage-part-1-of-2>

1/13/21

How Separation Can Redeem Your Marriage - Part 2 (Elizabeth & Chris Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/c198841e/how-separation-can-redeem-your-marriage-part-2-of-2>

3/4/21

Should I Stay? Marriage After Sex Addiction – Part 1 (Debbie Laaser, Susie Smidt, Beth Miller, Elizabeth Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/c25527e0/should-i-stay-or-marriage-after-sex-addiction>

3/11/21

Time To Leave? Marriage After Sex Addiction – Part 2 (Debbie Laaser, Susie Smidt, Beth Miller, Elizabeth Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/8fed33f2/time-to-leave-or-marriage-after-sex-addiction>

3/18/21

Can I Value Myself and Stay? Marriage After Sex Addiction – Part 3 (Debbie Laaser, Susie Smidt, Beth Miller, Elizabeth Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/90608ffc/can-i-value-myself-and-stay-or-marriage-after-sex-addiction>

4/22/21

How Can I Forgive When I've Been Betrayed? (Debbie Laaser & Beth Miller)

<https://www.faithfulandtrue.com/podcast/episode/4b0540bc/how-can-i-forgive-when-ive-been-betrayed>

9/9/21

What Hurts Her the Most (It's Not What You Think) -Why lying hurts so much (Debbie Laaser)

<https://www.faithfulandtrue.com/podcast/episode/4b2f6ae6/what-hurts-her-the-most-its-not-what-you-think>

3/2/22

Safety: What It Is, Why It's Important (Debbie Laaser & Beth Miller)

<https://www.faithfulandtrue.com/podcast/episode/79494f24/safety-what-it-is-why-its-important>

3/8/22

What's Disturbing Your Peace? (And What You Can Do About It) (Debbie Laaser & Beth Miller)

<https://www.faithfulandtrue.com/podcast/episode/769f9b75/whats-disturbing-your-peace-and-what-you-can-do-about-it>

4/26/22

Are We Ever Going to Get Through This? (Beginning of the journey) (Debbie Laaser)

<https://www.faithfulandtrue.com/podcast/episode/7aaaa63f/are-we-ever-going-to-get-through-this>

6/7/22

What Do I Do with This Pain? Stewarding the Pain of Betrayal (Elizabeth Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/7c587921/what-do-i-do-with-this-pain-or-stewarding-the-pain-of-betrayal>

6/14/22

How Can I Be Victimized and Not Remain a Victim? (Elizabeth Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/7f82be7e/how-can-i-be-victimized-and-not-remain-a-victim>

2/27/23

After Discovery, What Is Helpful? (Beth Miller & Elizabeth Hardesty) – previous episode discusses what is NOT helpful

<https://www.faithfulandtrue.com/podcast/episode/78c46799/122-after-discovery-or-what-is-helpful-with-beth-miller-and-elizabeth-hardesty>

6/6/23

Boundaries – What They Are and Why They Are Important - Part 1 of a 2-part series, both are excellent! (Beth Miller & Elizabeth Hardesty)

<https://www.faithfulandtrue.com/podcast/episode/7ef98fc5/139-boundaries-what-they-are-and-why-theyre-important>

10/10/23

Rebuilding Trust – (Part 1 – Debbie Laaser) – This is a 12-part series. Each episode is excellent! Here is a link to the first one

<https://www.faithfulandtrue.com/podcast/episode/79909735/157-rebuilding-trust-after-betrayal-or-part-1>